

WELCOME



At The Spa Esperanza, we believe true well-being and beauty arise from harmony between body, mind, and nature. Self-care is not a luxury, but a mindful step toward balance and renewal.

The rhythm of modern life often disconnects us from our natural flow, leading to fatigue, emotional tension, and energy imbalance. Our treatments restore that inner harmony through a holistic blend of hydrotherapy, advanced technology, and deep relaxation.

Each ritual is designed to detoxify, replenish energy, and awaken inner vitality. Inspired by the elements – water, air, and earth – we offer you a natural path to restoration.

At The Spa Esperanza, care is a quiet practice of reconnection.
A moment to slow down. To feel whole again.

OPENING HOURS

09:30-20:30
17:00-20:30 (adults only)

CONTACT

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SPA ETIQUETTE

To ensure your comfort and help you fully enjoy your experience, we kindly ask you to familiarize yourself with the following guidelines:

Reservations

We recommend booking your treatments in advance to secure your preferred time. For guests not staying at the resort, a prepayment may be required to confirm your booking.

Cancellations

To cancel or reschedule, please notify us at least 12 hours in advance. Cancellations made less than 12 hours before the appointment will be charged in full.

Arrival

We invite you to arrive 10–15 minutes prior to your appointment to allow time to unwind and prepare for your treatment. Please inform us in advance of late arrivals. We will do our best to accommodate the full duration of your session, although it may be shortened to respect subsequent appointments.

Attire & Belongings

For your convenience, a robe, slippers, towels, and all essential accessories will be provided. Personal lockers are available for safekeeping. We kindly ask that you remove any jewelry during treatments and refrain from leaving valuables unattended.

Conduct

The SPA Esperanza is a place of peace and relaxation. Please speak softly and respect the tranquil atmosphere. Kindly switch off or silence all electronic devices. Smoking and the consumption of alcohol are strictly prohibited.

Health & Wellness

Please inform us of any chronic conditions, allergies, or other medical complications at the time of booking. Some treatments may not be suitable during pregnancy – please consult with our team.

Age Policy

Treatments are available for guests aged 14 and above. Guests under 14 are welcome in the spa area until 17:00 and only when accompanied by an adult.

Liability

The SPA Esperanza is not responsible for lost or damaged personal belongings. We are also not liable for injuries resulting from disregard of safety protocols by guests.

DEEP TISSUE MASSAGE

Body Treatment

60/90 min
115/145 eur

An intensive, performance-focused massage tailored for active lifestyles and post-exertion recovery. It targets deep muscle layers to release tension, enhance flexibility, and accelerate physical recovery. Customized techniques address your individual needs – from improving joint mobility to stimulating blood flow and restoring energy reserves.

RELAXATION MASSAGE

Body Treatment

60/90 min
105/135 eur

A soothing full-body massage designed for those who wish to disconnect from the outside world, release emotional and physical stress, and achieve inner balance. Using enveloping strokes and aromatic oils, this massage melts away fatigue, relaxes muscles, improves sleep, and gently guides the body into a deep state of tranquility.

SPA IN THE SKY

Body Treatment

30 min
60 eur

A deeply relaxing treatment on the Nuvola bed, combining the effects of dry floating with body and mind therapy. You feel as if you are weightlessly floating in warm water—without even touching it, experiencing a state of complete suspension that activates recovery processes, improves sleep quality, and relieves tension. The treatment includes an aromatic prelude, dry floating with thermotherapy, gentle hydromassage of stress zones, and concludes with a calming breath relaxation moment

MIND & BODY RESET RITUAL

Body Treatment

60 min

110 eur

This holistic treatment is designed to calm both body and mind. It begins with a mineral-rich sea salt exfoliation and a detoxifying body wrap, followed by a deeply relaxing session on a floating bed – creating a sensation of weightlessness and serenity. A digital wellness coach is included to help release tension, enhance mindfulness, and promote inner stillness.

LEG REVIVAL

Body Treatment

60 min

105 eur

Restorative treatment aimed at soothing tired legs and feet. This therapy reduces swelling, boosts microcirculation, and brings a renewed sense of lightness. Active sea wraps are paired with a bioenergetic massage to encourage deep relaxation and natural healing.

HARMONY OF BODY & MIND BIOENERGETIC MASSAGE

Body Treatment

60 min

110 eur

Rooted in traditional Chinese practices, this unique massage technique works along the body's energy channels to reestablish inner harmony. By relieving blockages and tension, it harmonizes energy flow, alleviates stress, and supports both physical and emotional well-being.

**LPG PERFECT
CONTOURS
MASSAGE**

Body Treatment

60 min

110 eur

A sculpting body treatment that redefines contours and restores skin firmness. Blending advanced LPG Alliance technology with dynamic rolling massage, this ritual stimulates lymphatic flow, reduces fluid retention, and visibly smooths the appearance of cellulite. It activates the body's natural regenerative processes, leaving the silhouette more toned and the skin visibly revitalized.

**EXPRES
FACIAL
RITUAL**

Face Treatment

60 min

85 eur

A revitalizing facial for those seeking immediate results without compromising on care. This brightening and deeply nourishing treatment includes cleansing, gentle exfoliation, massage, and potent serums to restore radiance and vitality. Ideal before a special occasion or as a midday refresh. Tailored to your skin's current needs and suitable for all skin types.

**ESPERANZA
BIOGLOW
FACIAL
RITUAL**

Face Treatment

60 min

135 eur

This premium treatment blends certified organic skincare, advanced anti-age technology, and bioenergetic therapy to deliver visible facial lifting, brightening, and deep renewal. A refined fusion of enzymes, hyaluronic acid, vitamin C, peptides, and antioxidants restores radiance, firmness, and vitality – crafted for those who seek impeccable care.

BIOCALM RESTORATION RITUAL

Face Treatment

60 min
125 eur

A restorative facial treatment crafted for sensitive, reactive skin in need of calm and care. Infused with caper bud extract, hawthorn, and prebiotics, this treatment strengthens the skin's barrier, reduces redness, and deeply hydrates. Performed with premium organic skincare and tailored to your skin's unique needs, it restores balance and leaves the complexion calm and radiant.

GENEO GLOW UP

Face Treatment

60 min
130 eur

An advanced express ritual for instant radiance. Powered by Geneo+ technology, this treatment combines oxygenation, ultrasound, and radiofrequency lifting to activate the skin's natural renewal processes. In just one session, the complexion looks fresher, firmer, and visibly more radiant. Ideal before a special event – or anytime you desire an immediate glow. Suitable for all skin types.

KOBIDO MASSAGE

Face Treatment

90 min
145 eur

An elegant anti-aging ritual inspired by the ancient Japanese KOBIDO technique. This manual treatment blends precise facial stimulation, lymphatic drainage, and acupressure along energy meridians to firm the skin, smooth wrinkles, and restore elasticity. It enhances circulation and brings a luminous, lifted look – without the need for devices or injections. Suitable for all skin types, with technique adapted to individual needs.

NATURE GLOW CLASSIC MASSAGE

Face Treatment

60 min

90 eur

A gentle, grounding ritual devoted to your skin and breath. Through soft, flowing movements across the face, neck, and décolleté, this classic massage relieves tension, improves microcirculation, and restores the skin's natural glow. A personalized mask and finishing care complete the experience.

Nature Glow is a return to natural beauty and inner harmony through the healing power of touch.

FACE ENERGY FLOW

Face Treatment

90 min

140 eur

This bioenergetic facial massage combines gentle manual techniques with vacuum stimulation to activate lymphatic flow, release fluid retention, and boost circulation – restoring clarity, tone, and radiance to the face. From the very first session, tension melts away, the skin breathes more freely, and your natural energy begins to flow. Perfect before a special occasion or as a regular ritual to maintain sculpted contours and a luminous, healthy glow.